

Tour of Falkirk & The Kelpies

ROUTE TYPE: Cycle

DISTANCE: 11.5 miles/18 km

AVERAGE TIME TO COMPLETE: 1.5 Hours

DIFFICULTY LEVEL: ■■■■ Short and fairly flat



To view a detailed map, visit joinmuirway.org/day-trips

THE ROUTE

This tour of Falkirk's surroundings takes in some of the most iconic landmarks in the area. Starting at Callendar Park, you'll follow the John Muir Way past the impressive Callendar House before climbing through the huge trees of Callendar Wood to reach the Union Canal.

Peeling off the canal (and leaving the John Muir Way), make your way to Westquarter Glen and pause at its peaceful waterfall before passing Falkirk Stadium on your way to the Helix with its famous Kelpies.

After a tour of the giant sculptures and perhaps an indulgence in the café, you'll pick up the Forth & Clyde Canal as far as Rosebank Distillery.

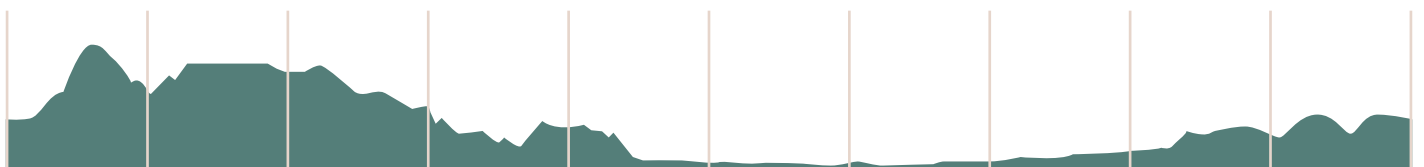
A relaxed meander along Falkirk High St (and some well-earned refreshment in its selection of cafes and bistros) takes you back towards Callendar Park to complete the tour.



The Kelpies

ELEVATION PROFILE

Total ascent 182m / Highest point 88m



PLACES OF INTEREST

1

CALLENDAR HOUSE

Dating from the 14th century and set in the historic Callendar Park, the house featured in the TV series *Outlander*. Visit the exhibitions, Georgian kitchen and tearoom.

2

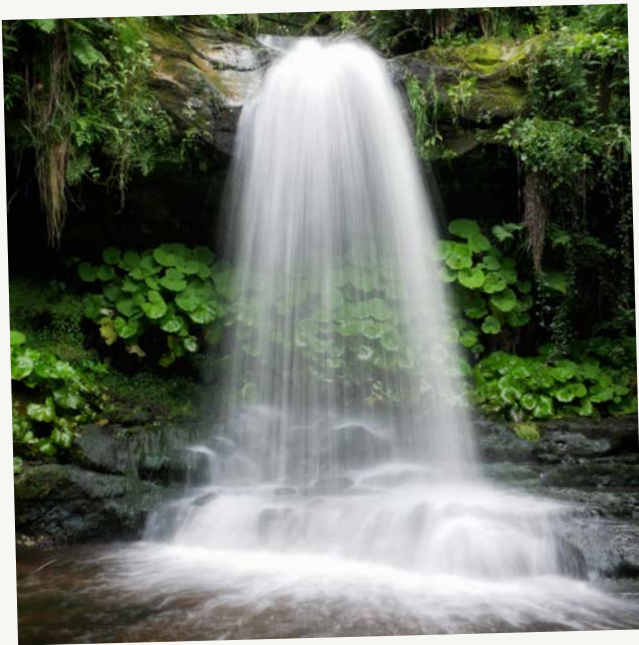
WESTQUARTER GLEN

A peaceful little haven of pathways that follow Westquarter Burn as it meanders over a picturesque waterfall on its way towards Grangemouth.

3

THE KELPIES

Situated in the 300-hectare Helix park, these iconic 30m-high sculptures guard the entrance to the Forth & Clyde Canal at its eastern terminus. Go on a tour inside to learn their story.

*Westquarter Glen**Callendar House*

4

ROSEBANK DISTILLERY

After 25 years of inactivity, this 19th century whisky distillery, once a thriving hub of Falkirk life, is having new life breathed into it through an ambitious restoration.

5

FALKIRK TOWN CENTRE

There's more to Falkirk than the Kelpies and the Wheel! The town is steeped in history and boasts superb parks & gardens and a good selection of bistros & cafes.

THE INSIDE TRACK

While this cycle is fairly short, there's plenty to see and do on the way. Callendar House has regular exhibitions and the Kelpies are a great place to hang out, go on a tour and relax in the café. There's plenty to explore in Falkirk too, along with some great food and drink stops.

TERRAIN

Most of this route follows cycling and walking paths on either tarmac or well surfaced canal towpath. The section through Falkirk and back to Callendar Park is on roads and the pedestrianised High St. The only challenging gradient is the initial rise out of Callendar park but most of the route is fairly flat.

Please enjoy Scotland's outdoors responsibly.
Visit: outdooraccess-scotland.com

GETTING THERE

BY RAIL: There are several train stations close to this route, including Falkirk High, Grahamston and Camelon.

BY BUS: Falkirk is well served by a number of bus routes including the 35 service that runs between Falkirk and Kilsyth/Croy, while the X38 links Falkirk and Linlithgow on route to Stirling or Edinburgh.

BY CAR: There is parking at Callendar House and more options in the town centre.

Plan your trip and find more routes at:
johnmuirway.org/day-trips